

## SUPPLEMENTARY FILE

**Supplementary Table S1: Characteristics of the Study Population (N=54,299) by Survey Year (Riskesdas 2018 vs. SKI 2023)**

Variable	2018 (%)	2023 (%)
<b>Diagnosed with DM</b>		
No	89.07	88.35
Yes	10.93	11.65
<b>Smoking status</b>		
Never	59.84	67.69
Ever	40.16	32.31
<b>Alcohol consumption</b>		
No	97.99	97.77
Yes	2.01	2.23
<b>Physical activity</b>		
Adequate	71.71	70.55
Low	28.29	29.45
<b>Dietary risk</b>		
Low	83.08	80.49
High	16.92	19.51
<b>Sex</b>		
Male	50.27	46.65
Female	49.73	53.35
<b>Waist circumference</b>		
Normal	64.28	59.59
High	35.72	40.41
<b>Hypertension</b>		
No	61.92	67.75
Yes	38.08	32.25
<b>BMI</b>		
Normal	48.59	46.66
At risk ( $\geq 25$ )	51.41	53.34
<b>Age group</b>		
<40 years	41.38	50.71
$\geq 40$ years	58.62	49.29

Note: All percentages are weighted using complex sampling design. DM = Diabetes Mellitus; BMI at risk = BMI  $\geq 25$  kg/m<sup>2</sup>; high waist circumference = >90 cm (men), >80 cm (women).